

PERSONAL INFORMATION



Coccozza Giulia

📍 Via Liguria, 27, 86100 Campobasso (Italy)
☎️ +39 331 537 3347
✉️ giuliacoccozza91@gmail.com
giuliacoccozza91@pec.it (PEC, Certified email)

Sex Female | Date of birth 24/11/1991 | Nationality Italian

Registered in the Physiotherapists Order OFI Lazio. Registration No. 9200

WORK EXPERIENCE

- 01/06/2024 - ongoing **Physiotherapist**
ASL Roma 2- Ospedale CTO Andrea Alesini
Recovery and Functional Rehabilitation Code 56
- 16/04/2021 - 31/05/2024 **Physiotherapist**
ASL Roma 6 - Presidio Ospedaliero Marino
(Service Coordinator: Dr. Sandro Michelini)
Diagnostic and Vascular Rehabilitation Clinic
- 06/07/2018–31/03/2021 **Physiotherapist - Freelancer**
FONDAZIONE POLICLINICO UNIVERSITARIO A. GEMELLI
Intensive Rehabilitation Code 56
High Intensity Neurorehabilitation Code 75
- 24/03/2014–15/04/2021 **Physiotherapist**
GRUPPO ITALCLINICHE Srl | RSA "VILLA CARLA", Fiumicino (Italy)
Permanent contract
- Rehabilitative treatment of diseases typical of geriatric age
 - Assistance in organizing activities within the facility
- 2014-2020 **Physiotherapist**
Home care to critically ill patient with tracheostomy in mechanical ventilation, enteral nutrition through PeJ with progressive neurological disease in a state of widespread motor deficit
- 30/06/2018–10/10/2019 **Collegio Interprovinciale TSRM PSTRP - Campobasso/Isernia (TSRM PSTRP Interprovincial College)**
RAMR Fisioterapisti - Regione Molise (RAMR Physiotherapists - Molise Region)
- Technical-administrative support pursuant to Ministerial Decree 13/03/2018
 - Representative of the graduation session for the degree course in Physiotherapy IRCCS at the University "La Sapienza" IRCCS Neuromed - Pozzilli (05/04/2019)
 - Representative of the graduation session for the degree course in Physiotherapy IRCCS at the Università Cattolica del Sacro Cuore - Campobasso (14-15/11/2020)

06/05/2017–31/10/2020

A.I.F.I. Director – Legal Department

A.I.F.I. (Italian Association of Physiotherapy) Regione Molise

- 13-15/10/2017 – Regional delegate at the **A.I.F.I. National Congress “La fisioterapia: opportunità nel cambiamento dei servizi per la salute dei cittadini” (“Physiotherapy: opportunities in the change of services for the health of citizens”)**
- 23/11/2017 – Representative of the graduation session for the degree course in Physiotherapy IRCCS at the University “La Sapienza” IRCCS Neuromed - Pozzilli

13/06/2013–15/06/2013

Interpreter

AZIENDA SANITARIA REGIONALE DEL MOLISE – ASREM (REGIONAL HEALTH DEPARTMENT OF MOLISE – ASREM), Campobasso (Italy)

- Interpreter for the training course NT0001CD9A “Terapia Manuale del Rachide Lombare” (“Manual Therapy of the Lumbar Spine”)

TEACHING EXPERIENCE

A.Y. 2023/2024
A.Y. 2024/2025

UniCamillus- International Medical University in Rome

Degree Course in Physiotherapy L/SNT2 (English Language)

- *Teaching contract for the course of: “Nursing Sciences and Neuropsychiatric Technologies”- Integrated module: **VASCULAR REHABILITATION [90114]***
- Coordinator of the integrated module VASCULAR REHABILITATION [90114]

06/2023- ongoing

Dr. Vodder International Academy

Teacher Training authorized by Dr. Vodder Schule in Walchsee/Austria

05-08/10/2023

- Classroom tutor training course **“Manual lymphatic drainage original method Dr. Vodder- Level 1”** - Pavia- Provider DOCEO S.r.l Professor Dr. Lucia Longo

23-27/02/2024

- Classroom tutor training course **“Manual lymphatic drainage original method Dr. Vodder- Level 1”** - Pescara- Provider DOCEO S.r.l Professor Dr. Lucia Longo

21-25/03/2024

- Classroom tutor training course **“Manual lymphatic drainage original method Dr. Vodder- Level 1”** - Pescara- Provider DOCEO S.r.l Professor Dr. Lucia Longo

15-19/05/2024

- Classroom tutor training course **“Manual lymphatic drainage original method Dr. Vodder- Level 1”** - Rome- Provider FISIO MASTER SRLS Professor Dr. Lucia Longo

06/03/2023

Speaker at “Giornata Mondiale del Linfedema” (“World Lymphedema Day”)

ITALF, SIMFER, ASL Roma6- Marino (RM)

Participation as Speaker: “Criticalità e limiti nell'acquisizione degli indumenti elastici” (“Criticalities and limits in the acquisition of elastic garments”)

10/09/2022
16/09/2023

Sapienza University of Rome - Department of Physiology and Pharmacology Vittorio Ersparmer

Teaching Support as part of the **2nd Level** Master's Degree in **“Integrated Medicine in Pharmacy”**

“La riabilitazione come approccio integrato nella terapia degli edemi: un focus sul Linfedema” (“Rehabilitation as an integrated approach in oedema therapy: a focus on Lymphedema”)

A.Y. 2022/2023
(11/10/2022-21/10/2022) Sapienza University of Rome – Faculty of Medicine, Dentistry and Pharmacy

A.Y. 2023/2024
(10/10/2023-17/10/2023) Degree Course E-ASL Roma6 - Physiotherapy L/SNT2 in Ariccia
Teaching workshop: "Terapia decongestiva della mammella" ("Breast decongestive therapy")

A.Y. 2022/2023
A.Y. 2023/2024 University of Molise – Department of Medicine and Health Sciences "Vincenzo Tiberio"

Degree Course in Physiotherapy L/SNT2
Teaching contract for the course of: "CARDIOVASCULAR PHYSIOTHERAPY"
*-Integrated module: **CLINICAL AND REHABILITATION SCIENCES IN CARDIOLOGY AND PNEUMOLOGY [423016]***

13/06/2015

Speaker at the training course "Ricerca Scientifica e Crescita Professionale in Fisioterapia: dalla revisione della letteratura alla pratica clinica" ("Scientific Research and Professional Growth in Physiotherapy: From Literature Review to Clinical Practice")

A.I.FI. (Italian Association of Physiotherapy) Regione Molise
Participation as Speaker: "Sindrome di Pisa nella Malattia di Parkinson: correlazioni cliniche ed Elettromiografiche in una popolazione di pazienti sottoposti a trattamento riabilitativo posturale Mézièrista" ("Pisa Syndrome in Parkinson's Disease: clinical and electromyographic correlations in a population of patients undergoing Mézières postural rehabilitation treatment")

EDUCATION AND TRAINING

A.Y. 2023/2024 (ongoing) University Master's Degree Level I- Rehabilitation in Clinical Lymphology
Faculty of Medicine and Psychology- Sapienza University of Rome
Course ID Code: 32693

09-11/01/2024 Neurokinetic Facilitations according to the Modular Progressive Rebalancing System (RMP) of G.Monari
Asl Roma 6- Professor Giuseppe Monari

16-17/10/2023 Physical management of Scar Tissue
Asl Roma 6- Professor Dr. Irma Bencivenga

22-24/09/2023 SUMMER SCHOOL ACTIVE LEARNING FOR DEGREE COURSES IN PHYSIOTHERAPY
Summer school for coordinators, lecturers and tutors of the degree course in Physiotherapy at the University of Genoa - **University Campus of Savona**

21-22/06/2023 Recertification Review of Manual Lymphatic Drainage and Decongestive Edema Therapy according to Original Dr. Vodder Method (Level 3)
at Dr. Vodder Academy International - Dr. Vodder Akademie der Wittlinger Gruppe Walchsee/Austria

25/06/2022 **Training seminar for the treatment of Lipedema with the use of DEEP OSCILLATION**
Professor Paola Giannelli - PHYSIOMED / MEDISPORT

14-15-16/06/2022
29-30/06/2023-01/07/2023 **ITALF National Congresses**

- Participation to the VI Congress ITALF (Italian Lymphoedema Framework) in Assisi (PG)
- Participation to the VII Congress ITALF (Italian Lymphoedema Framework) in Alba (CN)

18/09/2020–27/06/2021 **Manual lymph drainage using Dr. Vodder method**
Dr. Vodder Academy International - Dr. Vodder Akademie der Wittlinger Gruppe
S.I.L.M.O.V. - Italian School of Manual Lymph Drainage Original Vodder Method

Level 1: Basic course. Professor Dr. Lucia Longo (18/09/2020–22/09/2020)
Level 2: Ortho/Trauma/Other pathologies. Professor Dr. Lucia Longo (16/10/2020–19/10/2020)
Level 3: Combined Decongestive Therapy of Edemas. Professors Dr. Costantino Eretta and Dr. Lucia Longo (15/05/2021–27/06/2021)

2015 – 2017 **Master's degree course in Rehabilitation Sciences for Healthcare Professions** EQF level 7
University of L'Aquila – Department of Applied Clinical Sciences and Biotechnology, L'Aquila (Italy)

Grade: 110/110 cum laude

Internship at **Fatebenefratelli San Giovanni Calibita**

- Directorate of Healthcare Professions
- Teaching centre (Tor Vergata University of Rome)

Master's thesis entitled "*La sindrome del job burnout in riabilitazione: il ruolo del dirigente*" (*The job burnout syndrome in rehabilitation: the role of the manager*).

2010 - 2013 **Bachelor's Degree in Physiotherapy** EQF level 6

Università Cattolica del Sacro Cuore – Faculty of Medicine and Surgery, Campobasso (Italy)

Grade: 110/110 cum laude

During the course of study I had the opportunity to enhance my professional experience with the internship at:

- **Fondazione di Ricerca e Cura "Giovanni Paolo II"** (Campobasso), in the units:
 - Oncological Surgery, Intensive Care, Cardiology, Cardiac Surgery, Cardiovascular Rehabilitation, Physiotherapy Clinic
- **Presidio Ospedaliero "Antonio Cardarelli"** (Campobasso), in the units:
 - Emergency Room, Cast Clinic, Orthopedics, Physical Medicine and Rehabilitation, Neurology
- **Policlinico Universitario "Agostino Gemelli"** (Rome), in the units:
 - Orthopedics, Spinal Surgery, Neurology, Neurosurgery.

Thesis entitled *Sindrome di Pisa nella Malattia di Parkinson: correlazioni cliniche ed Elettromiografiche in una popolazione di pazienti sottoposti a trattamento riabilitativo posturale Mézièrista* (*Pisa Syndrome in Parkinson's Disease: clinical and electromyographic correlations in a population of patients undergoing Mézières postural rehabilitation treatment*)

The thesis work allowed me to compete for and win the "**Best Thesis**" award of AIFI Molise in the academic year 2012-2013.

2005 - 2010	Scientific high school diploma Liceo Scientifico "A. Romita", Campobasso (Italy)	Level 4 EQF
1994–2010	Cambridge English: Proficiency (CPE) British School of English, Campobasso (Italy)	

PERSONAL SKILLS

Native language

Italian

Other languages

English

COMPREHENSION		SPEAKING		WRITING
Listening	Reading	Interacting	Speaking	
C2	C2	C2	C2	C2
Cambridge English: Proficiency (CPE)				

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Advanced user
[Common European Framework of Reference for Languages](#)

Communication skills

Thanks to the various training and professional experiences I have had, I have been able to develop excellent interpersonal skills and learn the best practices of teamwork.

Organizational and managerial skills

Having worked both "by rules and procedures" and "by projects" has allowed me to improve my organizational skills, management of working methods and efficiency. I have good management skills and I am able to manage tasks and commitments independently with precision and professionalism.

Basic professional skills

I know and use the principles of the following physiotherapy methods or techniques:

- Techniques to facilitate respiratory function
- Traditional massage and deep transverse massage
- Functional bandage and Kinesio Taping
- Pompage
- Postural re-education (Mézières method)
- Progressive neurokinetic facilitation (Kabat method)
- Neurological problem solving through a basic rehabilitation approach to Bobath and Perfetti functional re-education methods
- Basic use of instrumental physical therapies (electrotherapy, contact diathermy – Tecar, Magneto Therapy)
- Good command of MS Office (Word, Spreadsheet, PowerPoint)

Computer Skills

FURTHER INFORMATION

Awards and recognitions

- Winner of the **"Best Thesis"** award of AIFI Molise in the academic year 2012-2013 with the thesis entitled *"Sindrome di Pisa nella Malattia di Parkinson: correlazioni cliniche ed Elettromiografiche in una popolazione di pazienti sottoposti a trattamento riabilitativo posturale Mézièrista"* (*"Pisa Syndrome in Parkinson's Disease: clinical and electromyographic correlations in a population of patients undergoing Mézières postural rehabilitation treatment"*)

Membership of groups/associations

- Member of ITALF (Italian Lymphoedema Framework) since 2022

Personal Information

"The undersigned is aware that, pursuant to Article 76 of Italian Law 445/2000, false statements, false documents and use of false acts are punishable under the penal code and special laws. Furthermore, the undersigned authorizes the processing of personal data pursuant to art. 13 of the Italian Decree Law n. 196, of 30 June 2003 – "Data Protection Law", and Article 13 of GDPR 679/16 – "General Data Protection Regulation".

