

# **Curriculum Vitae Prof. MARIA ROSARIA GUALANO**

**UniCamillus-Saint Camillus International University of Health Sciences, Rome, Italy**

## Personal details

Maria Rosaria GUALANO

Born in Rome, Italy

Citizenship: Italian

Orcid Profile: <https://orcid.org/0000-0001-7357-2892>

## Main Current Titles

Associate Professor of Public Health

Suitable as Full Professor of Hygiene and Preventive Medicine (Italian National Scientific Qualification)

Vice-President Italian Society of leadership and Management in Medicine (SIMM)

## Qualifications/Education

March 2012: Specialization in Public Health, Catholic University of the Sacred Heart, Rome

March 2008 – March 2012: resident in Hygiene and Preventive Medicine at the School of Medicine of the Catholic University of the Sacred Heart, Rome

July 2007: Board certification as Italian Medical Doctor

March 2007: Graduated in Medicine and Surgery at the School of Medicine of the Catholic University of the Sacred Heart, Rome

## Other Professional Experiences:

Since 2022, expert reviewer for the European Science Foundation on public mental health topic

Since 2022, member of the Governance Board, Centre for Global Health, Catholic University of the Sacred Heart, Rome

Since 2022, member of the Governance Board, Centre for Leadership in Medicine, Catholic University of the Sacred Heart, Rome

Since 2022: Consultant (clinical methods/epidemiology) for the Italian Scientific Society of Anaesthesiologists, Intensivists, and Pain Therapists

Since 2020: Member of the Faculty of PhD "Health Service & Systems Research", Catholic University of the Sacred Heart

Since 2019: Member of the Governance Board of the Leadership in Public Health group of the Italian Society of hygiene and preventive medicine (SItI)

Coordination and participation to several national and international research projects

Activities as speaker to many international and national public health conferences

Member of Academic Research and Teaching Commissions at the University of Torino

She was teachers' coordinator of the first Italian Master in Medical Management at the University of Torino

Associate Professor of Public Health, University of Torino (2018-2022)

Researcher/Assistant Professor of Public Health and Preventive Medicine, University of Torino (2012-2018)

Past Consultant at Agenas (Italian National Agency for Health Services Research for projects on Health Impact Assessment)

Lecturer in degree courses, University of Turin (since 2012 when she became Assistant Professor)

Lecturer in several Public Health courses, masters and training courses in Epidemiology, Health Technology Assessment and Public Health Leadership.

***Her main research activities*** are related to the following areas: *Public Mental Health, Preventive Medicine, Health Promotion (using e-health and digital health), Health Technology Assessment (HTA), Clinical Epidemiology.*

#### Computing:

Windows and Apple OS. Excellent computer and internet skills.

Statistical Softwares: Epi Info, SPSS, RevMan, Joinpoint Regression Program, Stats Direct, STATA, Comprehensive Metanalysis

#### Membership:

She is a member of SITI (Italian Society of Hygiene, Preventive Medicine and Public Health) EUPHA (European Public Health Association), SIHTA (HTA Italian Society);

She is Associate Editor of PLOS ONE and of the Journal of Environmental and Public Health. Referee for several international scientific Journals. Guest Editor for Frontiers in Public Health.

Languages:

Italian (mother tongue), English (Advanced), French (Elementary)

Author of more than 250 scientific publications (articles in extenso, conferences abstracts, books chapters), H-Index= 26 (for a total of more than 2,400 citations, source: Scopus database) update June 2022.

## ANNEX 1

### LIST OF THE MOST RECENT AND RELEVANT INTERNATIONAL PUBLICATIONS

Gualano MR, Lo Moro G, Voglino G, Bert F, Siliquini R. Is the pandemic leading to a crisis of trust? Insights from an Italian nationwide study. *Public Health*. 2022 Jan;202:32-34. doi: 10.1016/j.puhe.2021.10.015.

Gualano MR, Sinigaglia T, Lo Moro G, Rousset S, Cremona A, Bert F, Siliquini R. The Burden of Burnout among Healthcare Professionals of Intensive Care Units and Emergency Departments during the COVID-19 Pandemic: A Systematic Review. *Int J Environ Res Public Health*. 2021 Aug 2;18(15):8172.

Rossi MF, Tumminello A, Marconi M, Gualano MR, Santoro PE, Malorni W, Moscato U. Sex and gender differences in migraines: a narrative review. *Neurol Sci*. 2022 Jun 8:1-6. doi: 10.1007/s10072-022-06178-6.

Voglino G, Savatteri A, Gualano MR, Catozzi D, Rousset S, Boietti E, Bert F, Siliquini R. How the reduction of working hours could influence health outcomes: a systematic review of published studies. *BMJ Open*. 2022 Apr 1;12(4):e051131.

Borrelli I, Santoro PE, Fiorilli C, Angelini G, Buonomo I, Benevene P, Romano L, Gualano MR, Amantea C, Moscato U. A new tool to evaluate burnout: the Italian version of the BAT for Italian healthcare workers. *BMC Public Health*. 2022 Mar 9;22(1):474.

Voglino G, Gualano MR, Lo Moro G, Forghieri P, Caprioli M, Elhadidy HSMA, Bert F, Siliquini R. Mental health and discrimination among migrants from Africa: An Italian cross-sectional study. *J Community Psychol*. 2022 Jan;50(1):601-619.

Gualano MR, Corradi A, Voglino G, Bert F, Siliquini R. Beyond COVID-19: a cross-sectional study in Italy exploring the covid collateral impacts on healthcare services. *Health Policy*. 2021 Jul;125(7):869-876.

Gualano MR, Lo Moro G, Voglino G, Catozzi D, Bert F, Siliquini R. Wrong administration route of medications in the domestic setting: a review of an underestimated public health topic. *Expert Opin Pharmacother*. 2021 Jun;22(8):1051-1059.

Gualano MR, Corradi A, Voglino G, Catozzi D, Olivero E, Corezzi M, Bert F, Siliquini R. Healthcare Workers' (HCWs) attitudes towards mandatory influenza vaccination: A systematic review and meta-analysis. *Vaccine*. 2021 Feb 5;39(6):901-914.

Gualano MR, Lo Moro G, Voglino G, Bert F, Siliquini R. Monitoring the impact of COVID-19 pandemic on mental health: a public health challenge? Reflection on Italian data. *Soc Psychiatry Psychiatr Epidemiol*. 2021 Jan;56(1):165-167.

Gualano MR, Lo Moro G, Voglino G, Bert F, Siliquini R. Effects of Covid-19 Lockdown on Mental Health and Sleep Disturbances in Italy. *Int J Environ Res Public Health*. 2020 Jul 2;17(13):4779.

Voglino G, Parente E, Bert F, Lo Moro G, Corradi A, Lapicciarella M, Gualano MR, Siliquini R. Orthorexia Nervosa, a challenging evaluation: analysis of a sample of customers from organic food stores. *Psychol Health Med*. 2021 Apr;26(4):478-486.

Voglino G, Lo Moro G, Gualano MR, Bert F, Siliquini R. Exploring University Students' Attitudes towards Primary Care: Evidence from a Cross-Sectional Study. *ScientificWorldJournal*. 2020 Apr 16;2020:1043809.

Bert F, Lo Moro G, Corradi A, Acampora A, Agodi A, Brunelli L, Chironna M, Cocchio S, Cofini V, D'Errico MM, Marzuillo C, Pasquarella C, Pavia M, Restivo V, Gualano MR, Leombruni P, Siliquini R; Collaborating Group. Prevalence of depressive symptoms among Italian medical students: The multicentre cross-sectional "PRIMES" study. *PLoS One*. 2020 Apr 17;15(4):e0231845.

Gramaglia C, Gattoni E, Vecchi C, Di Tullio E, Biroli G, D'Andrea F, Riso S, Gualano MR, Marchetti M, Sarchiapone M, Siliquini R, Zeppegno P. No correlation among expressed emotion, anxiety, stress and weight loss in patients with overweight and obesity. *Food Nutr Res*. 2019 Oct 8;63.

Bert F, Gualano MR, Voglino G, Rossello P, Perret JP, Siliquini R. Orthorexia Nervosa: A cross-sectional study among athletes competing in endurance sports in Northern Italy. *PLoS One*. 2019 Aug 27;14(8):e0221399.

Bert F, Gualano MR, Thomas R, Vergnano G, Voglino G, Siliquini R. Exploring the possible health consequences of job insecurity: a pilot study among young workers. *Gac Sanit*. 2020 Jul-Aug;34(4):385-392.