

## **CURRICULUM FORMATIVO E PROFESSIONALE**

### **PERSONAL INFORMATIONS**

**Name and Surname:** Valentina Izzo

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### **EDUCATION AND TRAINING**

- 20.07.2011: Full Degree in Medicine and Surgery, 110/110 cum laude, University of Rome Tor Vergata;
- 09.01.2019: Residency in Endocrinology and Metabolic Diseases, 50/50 cum laude, University of Rome Tor Vergata;
- 11.06.202°: PhD “Innovazioni Biotecnologiche e Tecniche applicate alle Scienze Chirurgiche, della Nutrizione ed alle Scienze Forensi”, University of Rome Tor Vergata;
- 09.2021, Advanced Diploma in Thyroid Ultrasound issued by the Italian Society for Ultrasound in Medicine and Biology (SIUMB)

### **CURRENT POSITION**

- Health Director at the Diabetes Center of Concordia - ACISMOM, Via Concordia 38, Roma
- Head of Endocrinology and Diabetology at Madonna della Fiducia Clinic, Via Alfredo Baccarini 54, 00179 – Roma;
- Endocrinologist and Diabetologist at Pharma Medical, Via Lata 251 (Velletri) - Via Napoli 51 (Lariano) (Rome)

### **ACADEMIC TEACHING POSITIONS**

- 20/06/2020-20/06/2021, Subject Matter Expert, Endocrinology and Diabetology at Saint Camillus International University of Health Science

### **PARTECIPATION AND ACTIVITIES WITHIN SCIENTIFIC SOCIETIES**

- Member of Italian Diabetes Society (SID);
- Editor of the Journal Club, Diabetic Foot section (SID)
- Member of Working Group of Diabetic Neuropathy (SID)

- Member of Younger of Italian Diabetes Society (YoSID);
- Member of Italian Association of Clinical Endocrinologist (AME);
- Member of Diabetes Committee of the Italian Association of Clinical Endocrinologist (AME);
- Member of the Diabetic Foot Study Group of the European Association for the Study of Diabetes (EASD);
- Member of the International Diabetic Foot Care Group (IDFCG);

### **PARTECIPATION AS SPEAKER/TEACHER**

- I Update Multidisciplinare sulla gestione del piede diabetico: dagli aspetti patogenetici alla terapia – Oristano – 13/14.04.2018
- IX Giornate Diabetologiche Campane. Il Diabete: una sfida per il team ed i ricercatori – Napoli – 19/21.10.2018
- “La persona con diabete nel Team Diabetologico: i modelli ideali e la realtà: Piede Diabetico” – Convegno Regionale AMD-SID Lazio 2016
- Technical/Scientific and Clinical Training on the Diabetic Foot – URGO Medical srl (09.01.2018)
- Training Course “The Diabetic Foot” addressed to the staff of the Department of Medicine of the Tor Vergata Hospital in Rome (02.2014)

### **HONOURS AND AWARDS**

- Best Abstract presentation – Fifth National Conference of the Italian Working Group for Diabetic Foot AMD-SID, Pistoia (10.2016)

### **RESEARCH ACTIVITY**

- Gentile P, **Izzo V**, Cervelli V. Fibroadenoma in the bilateral accessory axillary breast. *Aesthetic Plast Surg.* 2010 Oct;34(5):657-9.
- Cervelli V, Brinci L, Palla L, Spallone D, **Izzo V**, Curcio CB, Lucarini L, De Angelis B. Skin necrosis of scrotum due to endovascular embolisation: a case report.. *Int Wound J.* 2012 Feb;9(1):70-5.
- De Angelis B, Lucarini L, Orlandi F, Agovino A, Migner A, Cervelli V, **Izzo V**, Curcio C. Regenerative surgery of the complications with Morton's neuroma surgery: use of platelet rich plasma and hyaluronic acid. *Int Wound J.* 2013 Aug;10(4):372-6.
- **Izzo V**, Meloni M, Vainieri E, Giurato L, Ruotolo V, Uccioli L. High Matrix Metalloproteinase Levels Are Associated With Dermal Graft Failure in Diabetic Foot Ulcers. *Int J Low Extrem Wounds* 2014;13(3): 191-6.
- Meloni M, Izzo V, Vainieri E, Giurato L, Ruotolo V, Uccioli L. Management of negative pressure wound therapy in the treatment of diabetic foot ulcers. *World J Orthop* 2015;4::387-93.

- Uccioli L, **Izzo V**, Meloni M, Vainieri E, Ruotolo V, Giurato L. Non-healing foot ulcers in diabetic patients: general and local interfering conditions and management options with advanced wound dressings. *J Wound Care* 2015;24(4S):35-42.
- Giurato L, Vainieri E, Meloni M, **Izzo V**, Ruotolo V, Fabiano S, Pampana E, Lipsky B, Gandini R, Uccioli L. Limb salvage in patients with diabetes is not a temporary solution but a life-changing procedure. *Diabetes Care* 2015;38(10):e156-e157.
- Uccioli L, Giurato L, Meloni M, **Izzo V**, Ruotolo V, Gandini R, Lipsky B. Comment on Hoffstad et al. Diabetes, Lower-Extremity Amputation, and Death. *Diabetes Care* 2015;38:1852–1857.
- Lazaro JL, **Izzo V**, Meaume S, Davies AH, Lobmann R, Uccioli L. Elevated levels of matrix metalloproteinases and chronic wound healing: an updated review of clinical evidence. *J Wound Care*. 2016 May;25(5):277-87.
- Meloni M, Giurato L, **Izzo V**, Stefanini M, Pampana E, Gandini R, Uccioli L. Long term outcomes of diabetic haemodialysis patients with critical limb ischemia and foot ulcer. *Diabetes Res Clin Pract* 2016;116:117-22.
- **Izzo V**, Meloni M, Fabiano S, Morosetti D, Giurato L, Chiaravalloti A, Ruotolo V, Gandini R, Uccioli, L. Rearfoot Transcutaneous Oximetry is a Useful Tool to Highlight Ischemia of the Heel. *Cardiovasc Interv Radiol* 2017;40(1):120-4.
- **Izzo V**, Meloni M, Giurato L, Ruotolo V, Uccioli L. The Effectiveness of Negative Pressure Therapy in Diabetic Foot Ulcers with Elevated Protease Activity: A Case Series. *Adv Wound Care* 2017;6(1):38-42.
- Meloni M, Giurato L, **Izzo V**, Stefanini M, Gandini R, Uccioli L. Risk of contrast induced nephropathy in diabetic patients affected by critical limb ischemia and diabetic foot ulcers treated by percutaneous transluminal angioplasty of lower limbs. *Diabetes Metab Res Rev* 2017;33(3).
- Giurato L, Meloni M, **Izzo V**, Uccioli L. Osteomyelitis of diabetic foot: a comprehensive overview. *World J Diabetes* 2017;8(4):135-42.
- Uccioli L, Meloni M, **Izzo V**, Giurato L, Merolla S, Gandini R. Critical limb ischemia: current challenges and future prospects. *Vasc Health Risk Manag*.2018;14:63-74.
- Meloni M, **Izzo V**, Giurato L, Cervelli V, Gandini R, Uccioli L. Impact of heart failure and dialysis in the prognosis of diabetic patients with ischemic foot ulcers. *J Clin Transl Endocrinol*. 2018;11:31-5.
- Meloni M, **Izzo V**, Giurato L, Del Giudice C, Da Ros V, Cervelli V, Gandini R, Uccioli L. Recurrence of critical limb ischemia after endovascular intervention in patients with diabetic foot ulcers. *Adv Wound Care* 2018;1;7(6):171-6.
- Meloni M, **Izzo V**, Giurato L, Uccioli L. A Complication of the Complications: The Complexity of Pathogenesis and the Role of Co-Morbidities in the Diabetic Foot Syndrome. *The Diabetic Foot Syndrome*. 2018.

- **Izzo V**, Greco C, Corradini D, Infante M, Staltari MT, Romano M, Bellia A, Lauro D, Uccioli L. Insulin autoimmune syndrome in an Argentine woman taking alfa-lipoic acid: a case report and review of the literature. *SAGE Open Case Rep* 2018;6:2050313X18819601.
- Meloni M, **Izzo V**, Giurato L, Gandini R, Uccioli L. Below-the-ankle arterial disease severely impairs the outcomes of diabetic patients with ischemic foot ulcers. *Diabetes Res Clin Pract.* 2019;152:9-15.
- **Izzo V**, Meloni M, Giurato L, Uccioli L. Letter Regarding “The prostacyclin analogue Iloprost as an early predictor of successful revascularization in diabetic patients affected by critical limb ischemia and foot ulcers.” *Cardiovasc Revasc Med* 2019;20(7):594-7.
- Meloni M, **Izzo V**, Giurato L, Brocco E, Ferrannini M, Gandini R, Uccioli L. Procalcitonin is a prognostic marker of hospital outcomes in patients with critical limb ischemia and diabetic foot infection. *J Diabetes Res.* 2019;2019:4312737.
- Meloni M, **Izzo V**, Giurato L, Brocco E, Gandini R, Uccioli L. Limb Salvage in Diabetic Patients With Ischemic Heel Ulcers. *Int J Low Extrem Wounds.* 2019;1534734619884438.
- D'Amato C, Greco C, Lombardo G, Frattina V, Campo M, Cefalo CMA, **Izzo V**, Lauro D, Spallone V. The diagnostic usefulness of the combined COMPASS 31 questionnaire and electrochemical skin conductance for diabetic cardiovascular autonomic neuropathy and diabetic polyneuropathy. *J Peripher Nerv Syst* 2020;25(1):44-53.
- Meloni M, **Izzo V**, Giurato L, Gandini R, Uccioli L. Management of Diabetic Persons With Foot Ulceration During COVID-19 Health Care Emergency: Effectiveness of a New Triage Pathway. *Diabetes Res Clin Pract* 2020;165:108245.
- Meloni M, **Izzo V**, Giurato L, Làzero-Martinez JL, Uccioli L. Prevalence, Clinical Aspects and Outcomes in a Large Cohort of Persons With Diabetic Foot Disease: Comparison Between Neuropathic and Ischemic Ulcers. *J Clin Med* 2020;9(6):E1780.
- Uccioli L, Meloni M, **Izzo V**, Giurato L. Use of Nevelia Dermal-Epidermal Regenerative Template in the management of ischemic diabetic foot postsurgical wounds. *Int J Low Extrem Wounds* 2020;29:1534734619896460.
- Anichini R, Brocco E, Caravaggi CM, Da Ros R, Giurato L, **Izzo V**, Meloni M, Uccioli L; SID/AMD Diabetic Foot Study Group. Physician experts in diabetes are natural team leaders for managing diabetic patients with foot complications. A position statement from the Italian diabetic foot study group. *Nutr Metab Cardiovasc Dis* 2020;30(2):167-78
- Meloni M, **Izzo V**, Giurato L, Làzero-Martìnez JL, Uccioli L. Prevalence, Clinical Aspects and Outcomes in a Large Cohort of Persons with Diabetic Foot Disease: Comparison between Neuropathic and Ischemic Ulcers. *J Clin Med.* 2020 Jun 8;9(6):1780.
- Montanaro M, Meloni M, Anemona L, Giurato L, Scimeca M, **Izzo V**, Servadei F, Smirnov A, Candi E, Mauriello A, Uccioli L. Macrophage activation and M2 polarization in wound bed of diabetic patients treated by dermal/epidermal substitute Nevelia. *Int J Low Extrem Wounds.* 2020 Aug 20:1534734620945559

- Meloni M, **Izzo V**, Da Ros V, Morosetti D, Stefanini M, Brocco E, Giurato L, Gandini R, Uccioli L. Characteristics and outcome for persons with diabetic foot ulcer and no-option critical limb ischemia. J Clin Med. 2020 Nov 21;9(11):3745.

### **CHAPTER IN BOOKS**

- Ruotolo V, Giurato L, Meloni M, Vainieri E, **Izzo V**, Uccioli L. Il piede di Charcot. Fisiopatologia, clinica e terapia. Diabete. Vol. 26, N. 3 settembre 2014
- Aikaterini A, Sabato D, **Izzo V**, Lauro D. La gestione del paziente diabetico non a target con metformina. EDRA 2017.

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Rome - July 15, 2022