

# **CURRICULUM VITAE**

## **PERSONAL DATA**

<i>name</i>	GABRIELE	PALLONE
<i>Born</i>	ROMA	24.7.1984

## **PRESENT POSITION**

Coach Youth Sector A.S. Roma

Instructor A.S.Roma Academy

## **EDUCATION**

- Master's Degree ( maximum marks cum laude) in Science and Techniques of Preventive and Adaptive Motor Activity (University San Raffaele, Rome, School of Motor Sciences)
- Master's Degree (maximum marks cum laude) in Sports Sciences and Techniques (University of Rome Tor Vergata, School of Medicine)
- Degree (maximum marks cum laude) in Motor Sciences ( University of Rome, Tor Vergata, School of Medicine)

## **TRAININGS**

- Licensed as Coach UEFA B
- Member of the FIGC college of coaches
- Participant in the FIGC SGS course for football instructors
- Participant in BLS D Basic Life Support and Defibrillation course

## **TEACHING EXPERIENCE:**

*2014-2018*

- Tutoring for undergraduate students in Motor Sciences and Sciences and Techniques of Preventive and Adaptive Motor Activity (University of Rome, Tor Vergata)

*2015-2018*

- Instructor in Physiology of Human Locomotory Function ( University of Rome, Tor Vergata
- Instructor in Theory and Techniques of Team Sports ( University of Rome Tor Vergata)

*2015-2016*

- Responsible teacher for the “Soccer” thematic course for Theory and Techniques of Team Sports teaching sessions (University of Rome Tor Vergata).

*2015-2016*

- Tutor in extra-curriculum sport courses at the “Istituto Sacro Cuore” Rome.

## **RESEARCH EXPERIENCE**

Member of Professor V Tancredi research group in the Human Physiology Laboratories (Dept. Of Systems Medicine, University of Rome Tor Vergata) developing research projects in the following areas:

- *Ultramicroscopic and biomolecular investigation on the effects of aerobic training on muscle plasticity in experimental models*
- *Modulatory effect of aerobic training on synaptic plasticity in experimental models of Nieman-Pick disease types.*

## **AWARDS**

- Third prize for “La Forza dei Giovani Laureati” (FIPE 2013)
- Scholarship award in Sports Sciences and Techniques University of Rome Tor Vergata 2015

## **LANGUAGES**

- Italian (mother language)
- English (fluent, C1 level).