

CURRICULUM VITAE

PERSONAL DATA

name MATTIA PALMIERI

Born ROMA 30.7.1991

PRESENT POSITION

- Strength and Conditioning Coach Youth Sector A.S. Roma
- Instructor A.S.Roma Academy

EDUCATION

- Master's Degree (maximum marks cum laude) in Science and Techniques of Preventive and Adaptive Motor Activity (University of Rome Tor Vergata, School of Medicine)
- Master's Degree (maximum marks cum laude) in Sports Sciences and Techniques (University of Rome Tor Vergata, School of Medicine)
- Degree (maximum marks cum laude) in Motor Sciences (University of Rome, Tor Vergata, School of Medicine)

TRAININGS

- Licensed as Coach UEFA C
- Participant in BLS D Basic Life Support and Defibrillation course

TEACHING EXPERIENCE:

2014-2018

- Tutoring for undergraduate students in Motor Sciences and Sciences and Techniques of Preventive and Adaptive Motor Activity (University of Rome, Tor Vergata)

2015-2018

- Instructor in Physiology of Human Locomotory Function (University of Rome, Tor Vergata)

2017-2018

- Tutoring for students in Sciences and Techniques of Preventive and Adaptive Motor Activity (University of Rome, San Raffaele)

RESEARCH EXPERIENCE

Member of Professor V. Tancredi research group in Human Physiology Laboratories (Dept. Of Systems Medicine, University of Rome Tor Vergata) developing research projects in the following areas:

- *Ultramicroscopic and biomolecular investigation on the effects of aerobic training on muscle plasticity in experimental models*
- *Modulatory effect of aerobic training on synaptic plasticity in experimental models of Nieman-Pick disease types.*

AWARDS

- *Scholarship post-graduate award (2016), University of Rome Tor Vergata, Department of Systems Medicine, Physiology.*

PUBLICATIONS

- *“Modulation of GDF11 expression and synaptic plasticity by age and training.”*

De Domenico E.1, D'Arcangelo G.2, Faraoni I.2, Palmieri M. 2, Tancredi V.2, Graziani G.2, Grimaldi P.1, Tentori L.2.

1Department of Biomedicine and Prevention, University of Rome Tor Vergata, Rome, Italy. 2Department of Systems Medicine, University of Rome Tor Vergata, Rome, Italy.
Oncotarget. 2017 Aug 3;8(35):57991-58002. doi: 10.18632/oncotarget.19854. eCollection 2017 Aug 29.

LANGUAGES

Italian (mother language) - English/French (good)

Mattia Palmieri