

PERSONAL INFORMATION



Nicola Veronese



PROFESSIONAL EXPERIENCE

October 2024 to present	<p>Associate Professor <i>UniCamillus - International Medical University in Rome</i> MED/09 Geriatrics, internal medicine sector.</p>
October 2023 to September 2024	<p>Associate Professor <i>University of Palermo</i> MED/09 Geriatrics, internal medicine sector.</p>
January 2024 to present	<p>Professor <i>King Saud University, Ryhad, Saudi Arabia</i> MED/09 Geriatrics, Internal Medicine, Research Sector</p>
January 2024 to present	<p>Visiting Professor <i>Dnipro State Medical University</i> MED/09 Geriatrics, Internal Medicine, Research Sector</p>
October 2023 to present	<p>Member, Operational Committee, World Health Organization Collaborating Center, University of Liege, Belgium MED/09, Musculoskeletal Diseases Geriatrics, Public Health, Rheumatology Sector</p>
From October 2020 to October 2023	<p>Type B Researcher <i>University of Palermo</i> Senior Researcher MED/09 Geriatrics, internal medicine sector.</p>
From December 2020 to April 2021	<p>Freelance contract <i>ULSS 3 Serenissima-Dolo Mirano District</i> Geriatrician Territory Noale, Spinea, Campolongo Maggiore, Campagnalupia, Fiesso D'Artico, Stra and Medical Coordinator of the Elderly Service Centers Spinea (San Giuseppe, Villa Fiorita and Villa Althea), Cavarzere, Chioggia Geriatrics Sector, territory.</p>
From May 2017 November 2020	<p>In-house outpatient specialist <i>ULSS 3 Serenissima-Dolo Mirano District</i> Geriatrician Noale-Spinea Territory, Medical Coordinator of the Spinea Elderly Service Centers (San Giuseppe, Villa Fiorita and Villa Althea), Relaxxi (Noale), Cavarzere, Chioggia Geriatrics Sector, territory.</p>
From January 2017 to January 2019	<p>Research grant National Research Council Research Fellow in the context of projects involving the elderly Research, geriatrics, epidemiology sector.</p>
From July 2017 to December 2019	<p>Co.co.co. IRCCS Saverio De Bellis Contract co.co.co. for writing jobs in the nutritional field Research, nutrition, epidemiology sector.</p>
From October 2017 to December 2020	<p>Co.co.co E.O. Galliera Contract co.co.co. for writing labor in the geriatric field Research, geriatrics, epidemiology sector.</p>

From July 2016 to May 2017	General practitioner (substitute) ULSS 8 Vicenza, "Comm. A. Michelazzo" Via Roma 69 36040 - Sossano (VI) GPs for assistance in facilities dedicated to the elderly Research, geriatrics, epidemiology sector.
From September to October 2015	Free internship National Institutes of Health <i>Bethesda, MD, USA</i> Population aging: economics, health, retirement and the welfare state Research, geriatrics, economics sector.
From December 2014 to December 2016	Research Grant University of Padua <i>Via 8 Febbraio 1848, 2, 35122 Padova PD</i> Population aging: economics, health, retirement and the welfare state Research, geriatrics, economics sector.
From August 2014 to December 2014	Freelance assignment ULSS 16 Padua - Geriatric Clinic <i>Via Giustiniani, 2 35128 Padua</i> Doctor specialized in Geriatrics Nutrition Sector
January 2014	Visiting scientist Harvard School of Public Health <i>665 Huntington Ave, Boston, MA, 02115</i> Visiting scientist Nutrition, Public Health Sector
From February 2013 to February 2014	Research Fellow Washington University in St. Louis. <i>4566 Scott Avenue, St.Louis, MO 63110</i> Research Fellow Applied Physiology, Division of Geriatrics and Nutritional Sciences
Since May 2009 in May 2017	Continuity of Care Doctor ULSS 19 (Porto Viro point) from May 2009 to May 2010; from May 2010 to September 2010 ULSS 13 (Portogruaro point); since January 2011 APSS Trento (Rovereto point); from March 2011 to March 2012 ULSS 1 (Belluno point-district 3); from March 2012 to January 2013 ULSS 7 (Vittorio Veneto point); from March 2014 to May 2017 ULSS 7 (Vazzola point) Continuity of Care Doctor Continuity of Care Sector

EDUCATION

14 February 2020	Methodologies for developing guidelines GIMBE Foundation	
21-27 July 2019	Skill-mix innovation in primary and chronic care: mobilizing the health workforce European Observatory on Health Systems and Policies	
19 October 2018	Associate Professor qualification in the competition sector 06/B1 (Internal Medicine) Ministry of Education, University, Research	Until 19 October 2027
05 April 2017	Qualification as Associate Professor in the competition sector 06/D2 (Endocrinology, Nephrology and Food and Wellness Sciences) Ministry of Education, University, Research	Until 05 April 2026
26 October 2016	Licensed as a doctor in Switzerland Public Health Office	
06-18 June 2016	Summer School On Modern Methods in Biostatistics and Epidemiology BiostatEpi	

18-20 May 2016	Effective care of older patients with swallowing difficulties EUGMS	
17-19 June 2015	Total Nutrition Therapy EUGMS	
30 September 2014	ACLS Provider American Heart Association	
24 April 2013	Step 1 USMLE Approved	190
31 October 2010 & 11 June 2012	Pediatric ACLS & BLS-D Italian Resuscitation Council	
Since July 2009 in July 2014	Geriatrics specialist University of Padua	
Since September 2002 in July 2008	Doctor University of Padua Via Giustiniani, 2 35128 Padua	

PERSONAL SKILLS

Native language		Italian			
English	COMPREHENSION		SPOKEN		WRITTEN PRODUCTION
	Listening	Reading	Interaction	Oral production	
	C1	C2	C1	C1	C2
TOEFL in 2005					

Organizational skills and Management

- Coordinating doctor of five Service Centers for the Elderly (Villa Fiorita, Spinea; San Giuseppe, Spinea; Villa Althea, Spinea; Chioggia; Cavarzere) and I was for two years the training referent for Primary Care of the ULSS 3 Serenissima, District 3 (Dolo-Mirano).
- Member of the working group on the District and Hospital Multidimensional Assessment Unit, convened by the ULSS 3 Serenissima Social and Health Director in 2020.
- Invited expert at national level for guidelines on Multidimensional Assessment and Mediterranean Diet
- Appointed as a member of GEV 6 for the VQR 2020-2024.

Skills

- Fluency in Microsoft Office tools
- Excellent command of SPSS (Statistical Package for Social Science)
- Basic knowledge of SAS (SAS Enterprise Guide-Milan; 11-12 December 2012)
- Advanced knowledge of STATA
- Advanced knowledge of Comprehensive Meta-analysis 2.0 and 3.0
- Advanced MedCalc Knowledge

Driver's license Type B

LEARN MORE

Bibliographic indexes

- Articles published: 723 (Scopus) of which 27% as first author and 9% as last author and 520 as corresponding author.
- H-index (Scopus): 80
- H-Index (Google Scholar): 97
- i10-index (Google Scholar): 461
- Top Italian Scientists, Clinical Sciences: position 98
- Highly Cited Researcher 2020 and 2021; Highly Cited Researcher 2023
- Named as one of the world's leading experts in frailty, multidimensional assessment,

Magnesium, meta-analysis during the years 2012-2022 (<https://expertscape.com/>)

- Named among the World's Top Medicine Scientists (15,126 in the world) and as a Rising Star (2 in Italy) (www.research.com/)

Conference presentations Awards and awards

Recognition and awards

- 2013: Excellence of the Po Delta 2013 (award representing the Municipality of Taglio di Po) 14 September 2013.
- 2014: Italian Society of Neurogeriatrics Award with the abstract "Dehydroepiandrosterone sulfate and incidence of depression in the elderly".
- 2015: ESCEO-Eli Lilly Scholarship with the abstract "Serum 25-hydroxyvitamin D and osteoarthritis in older people: the PRO. V.A study".
- 2016: ESCEO-MSD Fellowship for contribution to osteoarthritis and osteoporosis research with the abstract "Osteoarthritis and mortality: A prospective cohort study and systematic review with **meta-analysis**".
- 2016: Best oral presentation at the 14th International Congress on Magnesium (Rome **23-24** June 2016) with the abstract "Effect of magnesium supplementation on glucose metabolism: a systematic review and **meta-analysis of double-blind** randomized controlled trials"
- 2017: ESCEO-Eli Lilly Scholarship with the abstract "Osteoarthritis increases the risk of cardiovascular disease: data from the osteoarthritis initiative", Oral presentation at the 2017 WCO-IOF-ESCEO Congress (Florence).
- 2017: Award for the best oral presentation with the abstract: "Polypharmacy is associated with higher frailty risk in older people: an eight year longitudinal cohort study", Oral presentation at the SIGOT National Congress 2017.
- 2018: WCO-IOF-ESCEO Best Oral Presentation Award with the abstract: "Pro-inflammatory dietary pattern is associated with fractures in women: an **eight-year** longitudinal cohort study".
- 2019: ESCEO-Eli Lilly Scholarship with the abstract "Effect of nutritional supplementations on physical performance and muscle strength parameters in older people: a systematic review and meta-analysis", oral presentation WCO-IOF-ESCEO 2019 (Paris)
- 2019: AgNovos Healthcare Young Investigator Award with the abstract: "Dietary protein intake and falls in older people: a longitudinal cohort study", oral presentation WCO-IOF-ESCEO 2019 (Paris)
- 2020: AgNovos Young Investigator Award with the abstract "The multidimensional prognostic index (MPI) predicts falls in older people: an 8-year longitudinal cohort study of the Osteoarthritis Initiative" WCO-IOF-ESCEO 2020
- 2021: ESCEO-IOF Pierre Meunier Young Scientist Award to reward the work of a young researcher, who has already demonstrated his/her scientific merits without having yet reached a prominent academic position.
- 2022: Celluprica Award for his research regarding COVID-19 pandemic

Affiliations and responsibilities at scientific societies

- Since 2009 he has been an Ordinary Member of the Italian Society of Geriatrics Hospital and Territory (SIGOT).
- Since 2014 he has been a member of the European Society of Geriatrics (EUGMS). Member of the "Special Interest Group - EUGMS Sarcopenia", "Special Interest Group - EUGMS Frailty", "Task and Finish group-EUGMS osteoarthritis" of this company.
- From 2016 to 2022 he was still an Ordinary Member of the International Society for the Development of Research on Magnesium.
- Since 2016 he has been a member of the International Osteoporosis Foundation. Member of the "Sarcopenia & impaired mobility-CSA working group", "Guidelines for the conduct of clinical trials in hand osteoarthritis-Working group", "Diabetes and osteoarthritis-Working group", "Safety of anti-osteoarthritis medications-Working group", "Update of the ESCEO algorithm for the management of knee osteoarthritis-Working group" of this society.
- From January 2017 to 2020 he was an Ordinary Member of the American Society of Nutrition.
- From January 2018 to January 2020, member of the SIGOT Scientific Committee.
- From January 2018 to January 2021, President of the Association of Extra-Hospital Geriatricians (AGE), Veneto Section.
- From April 2018 to December 2023, leader of the EUGMS Special Interest Group entitled "Systematic Reviews and meta-analyses for healthy aging".
- Invited as an expert to the drafting of the inter-company guidelines (SIGOT-SIGG-SIMI) on multimorbidity and polypharmacy (30 January 2019)
- May 2019: Director of the 15th AGE National Congress, Venice, 02-04 May.
- Elected to the ESCEO Scientific Advisory Board for the three-year period 2020-2023
- Elected Member of the SIGOT Veneto Board of Directors for the three-year period 2020-2023
- SIGOT Scientific Director for the three-year period 2020-2023.
- Membo, ex-officio, of the Executive Board of the ESCEO.
- President-elect of the Association of Extra-Hospital Geriatricians for the three-year period 2027-2030; Director

	<p>AGE Scientific Report for the three-year period 2024-2027.</p> <ul style="list-style-type: none"> • Methodological co-chair of the guidelines on Multidimensional Assessment, guidelines with national relevance • Methodological chair of the guidelines on the Mediterranean Diet, guidelines with national relevance
<p><u>Publishing activities</u></p>	<p>Editor in Chief of Aging Clinical and Experimental Research</p> <p>Associate Editor of:</p> <ul style="list-style-type: none"> • Age and Ageing from January 2020 • Annals of Medicine from September 2020 • BMC Geriatrics from December 2020 • European Journal of Translational Myology since January 2018 (Editor of the Myology of Aging Section). <p>I am on the Editorial Board of:</p> <ul style="list-style-type: none"> • Calcified Tissue International and musculoskeletal research since July 2020 • Experimental Gerontology from September 2020 • European Geriatric Medicine from January 2016 December 2017 • Geriatric Care from March 2019 January 2024 • Journal of the American Medical Directors Association January 2018 to date <p>Special Issue Editor by:</p> <ul style="list-style-type: none"> • Virtual Special Issue "Physical Activity and Healthy Ageing" in Maturitas • Nutrition and Musculoskeletal Health in Aging Clinical and Experimental Research • "Dietary Magnesium for Health and Diseases" in Nutrition • "Exercise and Nutrition in Persons with Dementia" in JAMDA • "Mediterranean Diet" in Aging Clinical Experimental Research <p>Responsible for scientific books:</p> <ul style="list-style-type: none"> • Frailty and Cardiovascular Diseases – Research into an Elderly Population (Springer Ed.) • Sarcopenia - Research and Clinical Implications (Springer Ed.) • The Role of Family Physicians in Older People Care (Springer Ed.)
<p><u>University and university curriculum teaching</u></p>	<ul style="list-style-type: none"> • Teaching of epidemiology at the Degree Course in Nursing, Mirano Campus, years 2017-2018-2019 (20 curricular hours) • Teaching of Medical Statistics at the Degree Course in Obstetrics, Treviso Campus, year 2018 (20 curricular hours) • Teaching of nutrition and ageing in health and disease Master's Degree in Exercise, Rehabilitation and Nutrition in an Aging Society, University of Brescia, year 2018 (24 curricular hours) • From 08 October 2021 to 01 September 2022: "Internal Medicine" in Speech Therapy - University of Palermo, 30 hours per year; "Internal Medicine" in Nursing - University of Palermo, 30 hours per year. • From 08 October 2021 to date: "Geriatrics" in Medicine and Surgery – Chiron Course, University of Palermo, 30 hours per year; "Geriatrics" in Medicine and Surgery - Hypatia Course (Caltanissetta), University of Palermo, 30 hours per year • From 19 April 2023 to date: "Internal Medicine" in the Specialization course in Palliative Care, 30 hours per year. • Supervisor of seven theses Degree Course in Nursing, University of Padua • Co-supervisor of two theses in Medicine and Surgery, University of Padua. • Co-supervisor of two Master's Theses in Geriatrics, University of Padua • Supervisor of three degree theses in Nursing, University of Palermo. • Co-supervisor of two theses in Medicine and Surgery, University of Palermo. • Co-supervisor of 15 postgraduate theses in Geriatrics, University of Palermo.
<p><u>Organization or participation as a speaker at scientific conferences in Italy or abroad</u></p>	<ul style="list-style-type: none"> • National Congress: 14th SIPREC Congress 2016. Naples 17-19 March 2016. "Dietary patterns for the reduction of cardiovascular risk". • National Congress: Pathophysiology and clinic of oxidative stress. Arcugnano (VI) 17 September 2016. "Mediterranean Diet and Oxidative Stress in Parkinson's Disease." • National Congress: SIGOT. Genoa 08-09 June 2017. "Assessment of nutritional status and choice of nutritional interventions." Nursing section. • National Congress: Nutrition & oxidative stress. Arcugnano (VI) 16 September 2017. "Mediterranean diet and oxidative stress." • International Congress: WCO-IOF-ESCEO. Krakow (Poland). 19-22 April 2018. "Mediterranean diet and osteoarthritis"; • International Congress: Magnesium in neuroscience, preclinical and clinical findings. Krakow (Poland). 20-21 April 2018. "Magnesium Status in Alzheimer's Disease: A Systematic Review."

- National Congress: SIGOT. Rome 03-05 May 2018. "Enteral nutrition in the hospitalized elderly patient".
- National Congress: AGE. Catanzaro Lido 10-12 May 2018: "Nutritional problems at the end of life."
- International Congress: WCO-IOF-ESCEO. Paris (France). 04-07 April 2019. "The diagnosis of sarcopenia in older people: between research and clinical practice" (speaker and session moderator); "Impact of diabetes mellitus on osteoarthritis incidence and progression"; "The updated ESCEO algorithm for the management of knee osteoarthritis: assessment of the various treatment modalities by GRADE"
- National Congress: Venice 02-04 May 2019: Moderator of the lectures of 02-03- 04 May, of the session "Vaccines in the elderly today", "The word to our patients: the associations of family members in the management of the elderly patient at home" and speaker "Epidemiology of centenarians"
- National Congress: Genoa 10-11 October 2019: Elderly & Drugs – "Probiotics, microbiota, environment and health".
- National Congress: Turin 15-16 December 2019. "Focus on OA". Pharmacological treatments: focus on safety and tolerability"
- National webinar: 29 April 2020. "The elderly and the COVID-19 pandemic: epidemiology and clinics in different care settings". Management of the COVID-19 emergency in nursing homes: from organizational problems to palliative care
- Webinar: 26 June 2020. "Meeting between cardiology and geriatric specialties". When not to administer or permanently discontinue anticoagulation therapy in the elderly patient with NVAf
- Webinar: 26 June 2020: "Sarcopenia in the elderly". Sarcopenia: diagnosis, epidemiology and general concepts.
- National Congress: online 22-23 September 2020. "Fragility in COVID-19". 34th SIGOT Virtual National Congress (Italian Society of Geriatrics Hospital Territory)
- Webinar: 10 December 2020: "Dementia prevention passes through the Mediterranean Diet".
- Speaker at the National Congress National Congress: online 22-23 September 2020. "Fragility in COVID-19". 34th SIGOT Virtual National Congress (Italian Society of Geriatrics Hospital Territory). Moderator of some sessions of the same congress.
- Speaker at the National Congress Congress: online 16-18 June 2021. "New perspectives on the treatment of depression in the elderly". 35th SIGOT Virtual National Congress (Italian Society of Geriatrics Hospital Territory). from 2021-06-16 to 2021-06-18
- Speaker at the international congress WORLD CONGRESS ON OSTEOPOROSIS, OSTEOARTHRITIS AND MUSCULOSKELETAL DISEASES Virtual Congress 2021- 26-28 August 2021. "Meet the expert: Meet the evidences of pharma-grade chondroitin sulfate." from 2021-08-26 to 2021-08-28
- Speaker at the online webinar for the World Day on the Mediterranean Diet "Whole grains and the Mediterranean Diet". Title: "WHOLE GRAINS IN THE MEDITERRANEAN DIET", organized by the Mediterranean Diet Foundation. November 16, 2021. from 2021-11-16 to 2021-11-16
- Speaker at the international congress WORLD CONGRESS ON OSTEOPOROSIS, OSTEOARTHRITIS AND MUSCULOSKELETAL DISEASES Virtual Congress 2022- 24-26 March 2022. "Multimodal multicomponent approach using oral medications" & "Non Pharmacological Approach: Diet and its Impact on Osteoarthritis" from 2022-03-24 to 2022-03-26
- Speaker at the Triveneto Congress of the Italian Society of Geriatrics Hospital and Territory "Current problems of the elderly: between hospital and territory". Title: New evidence of DOACs in the elderly. from 2022-05-07 to 2022-05-07
- Scientific coordinator and speaker at the webinar organized by the Special Interest Group in Systematic Reviews and Meta-Analyses of the European Geriatric Medicine Society. UMBRELLA REVIEWS IN GERIATRIC MEDICINE: AN UPDATE. from 2022-06-01 to 2022-06-01
- Speaker at the 8th Congress of the European Academy of Neurology. Vienna 19-22 June. Title: "Physical activity and exercise in mild cognitive impairment and dementia: guidelines from European Societies" from 25-06-2022 to 28-06-2022.
- Speaker at the international congress WORLD CONGRESS ON OSTEOPOROSIS, OSTEOARTHRITIS AND MUSCULOSKELETAL DISEASES Congress 2023. 04-07 May 2023. Meet the expert session: "Dietary patterns and bone health".
- Speaker at the international congress WORLD CONGRESS ON OSTEOPOROSIS, OSTEOARTHRITIS AND MUSCULOSKELETAL DISEASES. Congress 2024. 11-14 April 2024. Meet the expert session: "An integrated approach to nutrition in musculoskeletal disease"

Book Chapters

Editor:

- "Frailty and Cardiovascular Diseases – Research into an Elderly Population"-Springer Publisher;

- "Sarcopenia" - Springer Publisher;
- "The Role of Family Physicians in Older People Care"-Springer Publisher.
- "Psychogeriatrics"- Springer Publisher.

Associate Editor: "Encyclopedia of Gerontology and Population Aging"- Elsevier Publisher

Chapters:

1. Veronese N, Manzato E, Sergi G. Vitamin D and Diabetes in Elderly People. Nutrition and functional foods for healthy aging. 2017.
2. Pilotto A, Daragjati J, Veronese N. CGA and Clinical Decision-Making: The Multidimensional Prognostic Index 2018:79-92. doi: 10.1007/978-3-319-62503-4_8.
3. Pilotto A, Veronese N. Comprehensive Geriatric Assessment in the Hospital 2018:39-45. doi: 10.1007/978-3-319-62503-4_4.
4. Veronese N, Maggi S. Epidemiology of Hip Fracture and Social Costs 2017:19-30. doi: 10.1007/978-3-319-43249-6_2.
5. Veronese N, Mello AM, Musacchio C, Pilotto A. Comprehensive Geriatric Assessment in Patients with Organ Failure 2018:133-47. doi: 10.1007/978-3-319-62503-4_12.
6. Veronese N, Solmi M. Impaired Magnesium Status and Depression 2017:1-12. doi: 10.1007/978-3-319-40007-5_49-1.
7. Carrino L, Maggi S, Veronese N. Socioeconomic issues and cardiovascular disease (with emphasis on the caregivers). ESC CardioMed (3rd ed.). ed. / John Camm; Thomas F. Lüscher; Gerald Maurer; Patrick W. Serruys. 3rd ed. Oxford : Oxford University Press; Oxford, 2018.
8. Bellon G, De Rui M, Veronese N, Manzato E, Sergi G. Elderly rehabilitation: a clinical and drug-related approach. Rehabilitation Medicine for Elderly Patients: Springer, Cham; 2018. p. 191-8.
9. Sergi G, Trevisan C, Zanforlini B, Veronese N, Manzato E. Age-Related Changes in Body Composition and Energy Metabolism. Rehabilitation Medicine for Elderly Patients: Springer, Cham; 2018. p. 21-5.

Funded projects

- Project supported by Viatrix. Aged European population Quality of life in Infectious diseases (AEQUI). Role: coordinator at national level. Period: from 01.03.2019 to the present date.
- PNRR Project: A Personalized Prevention Program (PPP) based on the Comprehensive Geriatric Assessment (CGA) for the prevention of multidimensional frailty related to noncommunicable chronic diseases (NCDs) in older people: a practical approach in primary care setting (PrimaCare_P3). Role: Co-PI at local level. Period: from 01.05.2023 to the current date.
- Project supported by Viatrix: The role of comprehensive geriatric assessment in older patients affected by knee osteoarthritis: an exploratory randomized controlled trial. Role: PI. Period: from 01.01.2021 to current date.
- PNRR Project: Blood biomarkers for the identification of Alzheimer's disease (BEAT Alzheimer). Role: Co-PI at national level. Period: in progress.

I authorize the processing of personal data contained in my curriculum vitae on the basis of Article 13 of Legislative Decree 196/2003; art. 46-47 of Presidential Decree 445/2000.

Palermo, 02 October 2024

Prof. Nicola Veronese

