



BSc in Nursing

INTEGRATED COURSE TITLE: ELECTIVE COURSES

NUMBER OF ECTS CREDITS: 3

CODE: MEDS-24/C

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PREREQUISITES

No specific prerequisites are required.

LEARNING OBJECTIVES

For student elective activities, we mean activities organized to ensure cultural and disciplinary expansion, optimizing individual preparation and training, and responding to each student's personal inclinations. These activities are an integral part of the Bachelor of Science in Nursing degree program in that they are aimed at learning and deepening specific topics, consistent with the training pathway such as self-care of the elderly patient with chronic conditions and self-management of diseases at the home level. By definition, they are activities designed autonomously by students with the aim of personalizing the curriculum. They may vary depending on the objectives of theoretical and/or practical deepening.

For activities carried out, where required, it is necessary for the student to request a certificate of participation.

LEARNING OUTCOMES

Elective activities offer students a wide range of opportunities to develop knowledge, skills, and relevant abilities both for their academic journey and for their future career in nursing. Specifically, participation in these activities will allow the student to:

- Understand how patients self-manage their chronic conditions and what self-care behaviors health care professionals, especially nurses, should recommend to such patients through health education moments.
- Understand the structure and policies of the University, as well as the functioning of the Nursing Degree Course and its quality assurance procedures.
- Develop skills in organizing academic events such as Open Day, Welcome Day, and School-Work Alternation, improving planning, resource management, and activity coordination abilities.
- Enhance research skills by participating in research projects, which may include data collection and analysis, literature review, and presentation of results.

- Improve language skills through participation in English/Italian language courses, facilitating effective communication with colleagues and patients from different nationalities.
- Expand knowledge of clinical care areas through participation in UniCaMeetings, lectures by visiting professors, and InterProfessional Education Day (IPE day), providing a broader perspective on clinical practices and interprofessional collaboration.

COURSE SYLLABUS

	Description	Students involved
<i>Activities in collaboration with UniCamillus</i>	Participation in Nursing Degree Course (CdL) Review Meetings	St. 2° e 3° year
	Organization and Participation in Open Day	St. 2° e 3° year
	Organization and Participation in Welcome Day	St. 2° e 3° year
	Organization and Participation in School-Work Alternation	St. 2° e 3° year
	Organization and Participation in Summer School	St. 2° e 3° year
	Participation in research projects	St. 3° year
<i>Language skills</i>	Participation in English/Italian language courses	St. 2° e 3° year
<i>In-depth exploration of clinical care areas</i>	Participation in UniCaMeetings	St. 2° e 3° year
	Attendance in lectures by visiting professors	St. 2° e 3° year
	Participation in InterProfessional Education Day (IPE day)	St. 2° e 3° year
	Participation in Continuing Medical Education (ECM) courses/conferences	St. 2° e 3° year
	Participation in the course on Chronic Patient Self-Care	St. 2° year

COURSE STRUCTURE

The Nursing Degree Course allocates a total of 3 university educational credits (CFUs) for student elective activities in the second and third years of the course. Each CFU corresponds to 30 hours.

Attendance at seminar activities is mandatory for all students enrolled in the CdL.

The Course Council organizes and schedules the offering of student elective activities at the beginning of the academic year or, in any case, at the beginning of each teaching period, until the total of 3 CFUs is achieved.

However, students also have the opportunity to propose elective activities relevant to the objectives of the Degree Course. These activities, as a rule, should not overlap with scheduled educational activities and must be conducted in person.

ASSESSMENT CRITERIA

Student elective activities are subject to evaluation, which will be recorded in the student's academic record as either "eligible" or "not eligible," allowing the acquisition of 3 CFUs annually. All courses proposed by the Academic Management are valid for credit acquisition, while those initiated by students must be evaluated in advance by the Academic Management. The Academic Management will communicate to the student the possible eligibility of the attended activity. For the activity to be officially recognized, it is necessary to upload documentation attesting to actual participation.

OPTIONAL ACTIVITIES

Students will have the opportunity to engage in theoretical/practical exercises and participate in seminars or laboratory activities.

RECOMMENDED READING

- Material provided by the professor.