

DEGREE IN MIDWIFERY

Integrated Teaching: Obstetrical-gynecological nursing sciences 2

SSD: MED/47

Credits: 6

Responsible Professor: Francesca Zambri

E-mail: francesca.zambri@unicamillus.org

Module: Obstetrical-gynecological nursing sciences

SSD Insegnamento: MED/47

Number of Credits: 5

Professor: Francesca Zambri

CFU: 1 E-mail: francesca.zambri@unicamillus.org

Nome Docente: Amani Mohamed

CFU: 1 E-mail: amani.mohamed@unicamillus.org

Professor: Alessandra D'Angelo

CFU: 1 E-mail: alessandra.dangelo@unicamillus.org

Professor: Sabrina Strano

CFU: 1 E-mail: sabrina.strano@unicamillus.org

Professor: Valeria Giuliani

CFU: 1 E-mail: valeria.giuliani@unicamillus.org

Module: Scienze infermieristiche

SSD: MED/45

Number of Credits: 1

Professor: Noemi Giannetta

E-mail: noemi.giannetta@unicamillus.org

PREREQUISITES

The student must know the contents of the first semester related to the concepts of antisepsis, disinfection and sterilization; how to wash hands, how to wear sterile gloves, criteria for building a sterile zone.

LEARNING OBJECTIVES

At the end of this course, students will be able to describe the antenatal care for low-risk pregnancy, health promotion in pregnancy and post-partum, and the recommendations for cervical screening. Moreover, students will be able to describe some 'difficult' topics as voluntary termination of pregnancy and anonymous birth.

Moreover, the student will be able to:

- Recognize signs, symptoms and evolution of physiological pregnancy, and so will be capable to ensure proper midwifery care during each trimester, following a care pathway based on the most recent medical evidence, in several caring settings;
- Recognize the first symptoms and signs of pathology that can happen during pregnancy and to ensure the first-line midwifery care, to solve or contain the pathological process;
- Discriminate between physiology and first signs of pathology in the field of care for the newborn.

The primary objective is to acquire knowledge and skills relating to the management of the urinary and fecal function, of an ECG, a simple surgical dressing and of a blood transfusion and / or blood

products.

LEARNING OUTCOMES

The specific learning outcomes of the program are coherent with the general provisions of the Bologna Process and the specific provisions of EC Directive 2005/36/EC. They lie within the European Qualifications Framework (Dublin Descriptors) as follows.

At the end of this teaching, students will be able to:

Knowledge and Understanding

- Describe the basic principles of the sexual education
- Promote the active fatherhood during antenatal and postnatal care
- Describe the concept of health promotion, preconception health, health in pregnancy and post-partum
- List and explain the laws and policies on maternity and paternity
- Describe the laws on anonymous birth
- Describe the main signs and symptoms of pregnancy
- Recognize the main threatening signs that identify pathology
- Describe the main examination required in pregnancy
- Describe the main recommendations to take care of physiological pregnancy, according to the most recent evidence available
- Describe the midwifery care required during physiological pregnancy for each trimester and different caring environment
- Recognize signs that define a newborn healthy or pathological
- Describe the main recommendations to take care of the newborn, according to the most recent evidence available
- Describe the midwifery care required to the newborn at delivery
- Explain the main recommendations to take care of the newborn, according to the most recent evidence available
- Describe the midwifery care required to the newborn at delivery and in the first months of life

- Describe the diagnostic tests related stool and urine and identify the technical procedures
- Describe the theoretical principles that underlie the main interventions related to the urinary excretory function and the management of urinary retention, and urinary incontinence;
- Explain the methods and scientific principles relating to extemporaneous and permanent bladder catheterization and the assistance to the person with a bladder catheter
- Explain the methods and scientific principles relating to the surgical wound dressing
- Explain the methods and scientific principles relating to the execution-management of a blood transfusion and blood products

Applying Knowledge and Understanding

- Apply the principles of midwifery to selected cases, problems and a variable range of situations
- Use the tools, methodologies language and conventions of midwifery to test and communicate ideas and explanations

Communication Skills

- Present the topics orally in an organized and consistent manner
- Use a proper scientific language coherent with the topic of discussion

Making Judgements

- Recognize the importance of an in-depth knowledge of the topics consistent with a proper education
- Identify the importance of a proper theoretical knowledge of the topic in the clinical practice

COURSE SYLLABUS

OBST. GYN. NURS. SCIENCES

- Forms and documentation in the midwifery
- Anonymous birth
- Laws and policies on motherhood and fatherhood
- The newborn: sign of wellbeing and alarm, first and following recommend care for a physiological newborn.

- Sexual education
- Domestic violence prevention
- The father in the first 1000 days

- Physiology of pregnancy: diagnosis, main physiological modifications, description and understanding of main clinical examination to evaluate wellbeing and evolution of pregnancy
- Pregnancy care: care pathway specific for every trimester, following a midwifery approach

- Pregnancy diagnosis
- Assessment of risk during the maternity pathway
- Physiological changes in pregnancy
- Psychophysical adaptations in the puerperium
- Description and reading of the meanings of the main tests recommended for evaluating the well-being and progress of the pregnancy
- Care in pregnancy for each trimester
- Low-risk care pathway, definition and impact
- Physiological pregnancy clinic
- Prenatal and postnatal health assessment
- Impact of continuity of care on maternal and neonatal health
- Guidelines for the definition and organization of autonomous care by midwives for low-risk pregnancies
- Organization and operational management in the hospital settings of the current low-risk functional areas in which pregnancies are managed independently by midwives

- Outpatient and consultancy activities: prevention and screening of pathologies relating to the female reproductive system

- Aetiology, diagnosis of vaginal and cervical infections; STIs (sexually transmitted infections) in pregnancy; Papilloma virus; Cancer prevention and Pap test; Colposcopy; Hysteroscopy; Obstetric counselling; Invasive and non-invasive prenatal diagnosis; Screening; Amniocentesis; Villocentesis; Cordocentesis
- Taking charge of the diagnosis of postpartum depression
- Voluntary Termination of Pregnancy: care pathway
- The emergency room and triage in midwifery care

NURSING SCIENCES

- Urine: diuresis and diuresis disorders; urine changes. Urine tests: urine collection for chemical-physical examination, culture and 24-hour urine collection, execution of rapid tests with reagents
- Stool: defecation disorders, stool analysis, enema, rectal emptying. Simple stool tests: rectal swab, coproculture, occult blood research
- Temporary and permanent bladder catheterization, bladder lavage, bladder instillations. Identification of a bladder globe.
- Transfusion with blood components. Transfusion reactions.
- Management of changes in skin integrity (surgical wounds)
- Ostomy management: colostomy, ileostomy and urostomy.

COURSE STRUCTURE

The course consists of 84 hours of classroom teaching, composed of frontal lessons, working groups and interactive learning activities.

COURSE GRADE DETERMINATION

The final exam will be written and oral and it will be communicated at the beginning of the lessons together the didactic materials necessary to the preparation for the final evaluation.

The exam will focus on the program and will assess the student's knowledge and mastery of specific scientific language.

The evaluation criteria considered will be: acquired knowledge, independent judgment, communication skills and learning skills. The exams will be assessed according to the following criteria:

< 18 Fail	The candidate possesses an inadequate knowledge of the topic, makes significant errors in applying theoretical concepts, and shows weak presentation skills.
18-20	The candidate possesses a barely adequate and only superficial knowledge of topic, limited presentation skills, and only an inconsistent ability to apply theoretical concepts.
21-23	The candidate possesses an adequate, but not in-depth, knowledge of the topic, a partial ability to apply theoretical concepts, and acceptable presentation skills.

24-26	The candidate possesses a fair knowledge of the topic, a reasonable ability to apply theoretical concepts correctly and present ideas clearly.
27-29	The candidate possesses an in-depth knowledge of the topic, a sound ability to apply theoretical concepts, good analytical skills, clear argumentative clarity and an ability to synthesize.
30-30L	The candidate possesses an in-depth knowledge of the topic, an outstanding ability to apply theoretical concepts, a high level of argumentative clarity, as well as excellent analytical skills, and a well-developed ability to synthesize and establish interdisciplinary connections.

OPTIONAL ACTIVITIES

Students can request optional workshops to deepen some specific topics.

READING MATERIALS

- Trattando di Scienza ed Arte della Professionalità Ostetrica. Costantini W. Piccin. Ed. 2021.
- Didactic material (lessons in pdf, papers, etc.) delivered by the Professors